

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

28 Recreation Calendar of Special Events

3
 10a Gospel Chair Aerobics Class
 10:15a Sorting and Matching
 10:30a Music and Memories
 11:15a Jigsaw Puzzles
 11:30a Virtual Catholic Mass (MPR)
 11:45a What's Baking?
 1:45p Stretch and Reach
 2p Movie Matinee (MPR)
 2:15p Board Games
 2:30p Hand Massages
 2:45p Tabletop Bowling
 3p Aromatherapy and Relaxation
 3:15p Visual Exploration
 3:30p Sunday Sundaes (RV)
 3:45p Chair Tai Chi

4
 10a Rockin' Oldies Seated Workout
 10:30a Longevity Music (2N)
 10:30a Travel Away
 11a Music and Motion
 11:30a Color Your World
 1:45p Jewelry Making Hour
 2:45p Gentle Hand Massage
 3:15p Rockin' Out with Nathan
 3:45p Ladder Ball Tournament

5 Cinco de Mayo
 10a Chair Yoga
 10:15a Visual Exploration (MPR)
 10:30a Tabletop Bowling
 10:45a Scents of Serenity (MPR)
 11a Strolling Mariachi Band (RV)
 11:15a Pamper and Polish (MPR)
 11:30a Jigsaw Puzzles
 11:45a What's Baking? (MPR)
 1:45p Stretch and Reach
 2p Sorting and Matching
 2:15p Taste of Cinco de Mayo (MPR)
 3:15p Cornhole
 3:30p Music and Motion

6
 10a Low-Impact Chair Exercise
 10:30a Longevity Music (2N)
 10:45a Creative Construction
 11a Bingo (MPR)
 11:15a Ladder Ball
 11:30a Ball Toss
 1:45p Scents of Serenity
 2p Learn to Paint with Nicole (MPR)
 2:15p Gentle Hand Massages
 2:45p What's Baking
 3:15p Thank a Nurse Ice Cream Social (MPR)
 3:30p Aerobic Cardio Workout
 6p Game Night with Tova (L)

7
 10a Gentle Morning Stretch
 10:15a Humor with Kiana
 10:45a Windowside Wings
 11a Catholic Mass Service (MPR)
 11:15a Stories for the Soul
 11:30a Spiritual Songs with Nate (MPR)
 1:45p Visual Exploration
 2p Finish the Phrase
 2:15p Scents of Serenity
 2:30p Name That Tune
 2:45p Gentle Hand Massages
 3p Chair Aerobics Fitness Fun
 3:30p Women's Club (MPR)
 3:45p Men's Club (2N)
 3:45p What's Baking?

8
 10a Gentle Seated Leg Exercise
 10:30a Balloon Volleyball
 11a Color Your World
 11:30a What's Baking?
 11:45a Urban Zen (2N)
 2p Shabbat Service (MPR)
 2:30p Melodies for Mom: A Mother's Day Celebration with Sandra Small (MPR)
 3:45p Rockin' Oldies Chair Workout

9
 10a Seated Cardio Box
 11a Bingo (MPR)
 11:15a Pamper and Polish
 2:30p Afternoon Concert with Mike Flynn (MPR)
 3:45p Low-Impact Chair Exercise

10 Mother's Day
 10a Music and Memories
 11a Brunch with Mom (MPR)
 1:30p Virtual Catholic Mass (MPR)
 2p Movie Matinee (MPR)
 2:15p Music and Memories
 2:45p Scents of Serenity
 3:15p Balloon Volleyball
 3:30p Sunday Sundaes (MPR)
 3:45p Chair Tai Chi

11 Nursing Home Week
 10:30a Longevity Music (2N)
 10:45a Travel Away: Outer Space
 11a Rockin' Oldies Seated Workout
 11:30a Music and Motion
 1:45p Color Your World
 2:15p Sparkling Jewelry Making
 3:15p Galactic Meditation
 3:45p Ladder Ball Tournament
 6p Strolling Music with Nathan

12 Nursing Home Week
 10a Chair Yoga
 10:15a Visual Exploration to Space (MPR)
 10:30a Tabletop Bowling
 10:45a Scents of Serenity (MPR)
 11a Board Games
 11:15a Pamper and Polish (MPR)
 11:30a Jigsaw Puzzles
 11:45a What's Baking? (MPR)
 1:45p Stretch and Reach for the Stars
 2p Sorting and Matching
 3p Rocket Runway Parade

13 Nursing Home Week
 10a Low-Impact Chair Exercise
 10:15a Finish the Phrase
 10:30a Longevity Music (2N)
 10:45a Gentle Hand Massages
 11a Bingo (MPR)
 11:15a Name That Tune
 11:30a Windowside Wings
 1:45p Scents of Serenity (MPR)
 2:30p Galaxy Gala with Music by Rhonda Denet (MPR)
 4p Aerobic Cardio Workout
 6p Dinner Under the Cosmos (MPR)

14 Nursing Home Week
 10a Gentle Morning Stretch
 10:15a Humor with Kiana
 10:45a Windowside Wings
 11a Catholic Mass Service (MPR)
 11:15a Stories for the Soul
 11:30a Spiritual Songs with Nate (MPR)
 1:45p Visual Exploration
 2p Finish the Phrase
 2:15p Scents of Serenity
 2:30p Name That Tune
 2:45p Gentle Hand Massages
 3p Art Therapy Class with Debbie (MPR)
 3:45p What's Baking?

15 Nursing Home Week
 10a Gentle Seated Leg Exercise
 10:30a Balloon Volleyball
 11a Color Your World
 11:30a What's Baking?
 11:45a Urban Zen (2N)
 2p Shabbat Service (MPR)
 2:30p Walk the Moon Photoshoot (MPR)
 3p Snack Like an Astronaut (MPR)

16
 10a Seated Cardio Box
 11a Bingo (MPR)
 11:15a Pamper and Polish
 2:30p Westchester Baptist Church Service (MPR)
 2:45p Gentle Hand Massages
 3:15p Scents of Serenity
 3:45p Low-Impact Chair Exercise

17
 10a Gospel Chair Aerobics Class
 10:15a Sorting and Matching
 10:30a Music and Memories
 11:15a Jigsaw Puzzles
 11:30a Virtual Catholic Mass (MPR)
 11:45a What's Baking?
 1:45p Stretch and Reach
 2p Movie Matinee (MPR)
 2:15p Board Games
 2:30p Hand Massages
 2:45p Tabletop Bowling
 3p Aromatherapy and Relaxation
 3:15p Visual Exploration
 3:30p Sunday Sundaes (RV)
 3:45p Chair Tai Chi

18
 10a Rockin' Oldies Seated Workout
 10:30a Longevity Music (2N)
 10:30a Travel Away
 11a Music and Motion
 11:30a Color Your World
 1:45p Jewelry Making
 2:15p Jigsaw Puzzles
 2:45p Ball Toss
 3:15p This or That
 3:45p Ladder Ball Tournament

19
 10a Chair Yoga
 10:15a Visual Exploration (MPR)
 10:30a Tabletop Bowling
 10:45a Scents of Serenity (MPR)
 11a Board Games
 11:15a Pamper and Polish (MPR)
 11:30a Jigsaw Puzzles
 11:45a What's Baking? (MPR)
 1:45p Stretch and Reach
 2p Sorting and Matching
 2:15p Travel Away
 2:30p Music with Nate
 2:45p May Birthday Bash
 3:15p Cornhole
 3:30p Music and Motion
 3:45p Finish the Phrase

20
 10a Low-Impact Chair Exercise
 10:15a Trivia
 10:30a Longevity Music (2N)
 10:45a Finish the Phrase
 11a Bingo (MPR)
 11:15a Cornhole Hour
 1:45p Scents of Serenity (MPR)
 2p Music and Motion
 2:15p Gentle Hand Massages (MPR)
 2:30p Woodworking Class
 3p Stories for the Soul
 3:15p What's Baking (MPR)
 3:30p Aerobic Cardio Workout
 6p Game Night with Tova (MPR)

21
 10a Gentle Morning Stretch
 10:15a Humor with Kiana
 10:45a Windowside Wings
 11a Catholic Mass Service (MPR)
 11:15a Stories for the Soul
 11:30a Spiritual Songs with Nate (MPR)
 1:45p Visual Exploration
 2p Finish the Phrase
 2:15p Scents of Serenity
 2:30p Name That Tune
 2:45p Gentle Hand Massages
 3p Jewelry Making
 3:30p Chair Aerobics Fitness Fun
 3:45p What's Baking?

22
 10a Gentle Seated Leg Exercise
 10:30a Balloon Volleyball
 11a Color Your World
 11:30a What's Baking?
 11:45a Urban Zen (2N)
 2p Shabbat Service (MPR)
 2:15p Visual Exploration
 2:30p Afternoon Concert with Sam Tesch (MPR)

23
 10a Seated Cardio Box
 11a Bingo (MPR)
 11:15a Pamper and Polish
 2:30p Afternoon Concert with Joe Pace (MPR)
 3:45p Low-Impact Chair Exercise

24
 10a Gospel Chair Aerobics Class
 10:30a Active Games
 11:30a Virtual Catholic Mass (MPR)
 11:45a What's Baking?
 2p Movie Matinee (MPR)
 2:15p Jewelry Making
 3:15p Balloon Volleyball
 3:30p Sunday Sundaes (MPR)
 3:45p Chair Tai Chi

25 Memorial Day
 10:30a Longevity Music (2N)
 10:30a Strolling Patriotic Music with Joe Blanco (RV)
 10:45a Travel Away
 11a Rockin' Oldies Seated Workout
 1:45p Patriotic Color Your World
 2:30p Honoring Our Heroes: Memorial Day Tribute (MPR)
 3:45p Ladder Ball Tournament
 6p Strolling Music with Nathan

26
 10a Chair Yoga
 10:15a Visual Exploration (MPR)
 10:30a Tabletop Bowling
 10:45a Scents of Serenity (MPR)
 11a Board Games
 11a Veteran's Club (2N)
 11:15a Pamper and Polish (MPR)
 11:30a Jigsaw Puzzles
 11:45a What's Baking? (MPR)
 2p Food Committee (MPR)
 2:15p Travel Away
 2:45p Activity Planning (MPR)
 3:15p Resident Council (MPR)
 3:15p Cornhole
 3:30p Music and Motion
 3:45p Finish the Phrase

27
 10a Low-Impact Chair Exercise
 10:15a This or That
 10:30a Longevity Music (2N)
 10:45a Color Your World
 11a Bingo (MPR)
 11:15a Woodworking Day
 1:45p Scents of Serenity (MPR)
 2p Gentle Hand Massages (MPR)
 2:30p Afternoon Concert with Gerard Corbin (MPR)

28 Happy Birthday Akira!
 10a Gentle Morning Stretch
 10:15a Akira's Birthday Art Studio
 10:45a Windowside Wings
 11a Catholic Mass Service (MPR)
 11:15a Stories for the Soul
 11:30a Spiritual Songs with Nate (MPR)
 1:45p Visual Exploration
 2p Finish the Phrase
 2:15p Scents of Serenity
 2:30p Name That Tune
 3:30p Akira's Karaoke Party (MPR)

29
 10a Gentle Seated Leg Exercise
 10:30a Balloon Volleyball
 11a Color Your World
 11:30a What's Baking?
 11:45a Urban Zen (2N)
 2p Shabbat Service (MPR)
 2:15p Visual Exploration
 2:45p Cornhole Tournament
 3:15p Ladder Ball Competition
 3:45p Rockin' Oldies Chair Workout

30
 10a Seated Cardio Box
 11a Bingo (MPR)
 11:15a Pamper and Polish
 1:45p Stories for the Soul
 2:15p Balloon Volleyball
 2:45p Ice Cream Social
 3:15p Name That Tune
 3:45p Low-Impact Chair Exercise

31
 10a Gospel Chair Aerobics Class
 10:15a Sorting and Matching
 10:30a Music and Memories
 11:15a Jigsaw Puzzles
 11:30a Virtual Catholic Mass (MPR)
 11:45a What's Baking?
 1:45p Stretch and Reach
 2p Movie Matinee (MPR)
 2:15p Board Games
 2:30p Hand Massages
 2:45p Tabletop Bowling
 3p Aromatherapy and Relaxation
 3:15p Visual Exploration
 3:30p Sunday Sundaes (RV)
 3:45p Chair Tai Chi

Happy Birthday
 Fannie E. - May 20th
 Carlos N. - May 24th
 George E. - May 29th
 Rocco B. - May 30th



Legend
 MPR Multipurpose Room
 2N 2 North Dining Area
 2S 2 South Dining Area
 RV Room Visits/ Strolling
 L Main Lobby
 NC North Courtyard
 SC South Courtyard

All activities are held on the 2S unit unless otherwise specified. Please note all activities and locations are subject to change at any time.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2026

Recreation Calendar of Special Events



3 National Lemonade Day
 10a Pucker Up Lemon Trivia
 11a Gentle Morning Wakeup Stretch & The Morning Brew (MPR)
 11:30a Virtual Catholic Mass (MPR)
 2p Movie Matinee (MPR)
 2:30p Sweet Citrus Keepsake Craft
 3p Let's Make Lemonade Social
 3:30p Sunday Sundaes (RV)

4 National Star Wars Day
 10a Galactic Morning Stretch
 10:30a Longevity Music
 11a Use the Force Trivia
 11:30a What's Baking?
 1:30p Cosmic Card Games
 2p Yahtzee
 2:30p Wookiee Cookie Kitchen
 3:30p Star Wars Shorts

5 Cinco de Mayo
 10a Chair Zumba
 10:30a Viva Mexico Trivia
 11a Mariachi Band (RV)
 11:15a Balloon Volleyball
 1:30p Music and Motion
 2:15p Taste of Cinco de Mayo (MPR)
 2:30p Loteria (MPR)
 4p Full Circle Spirituality (MPR)

6 National Nurses Day
 10a SAMBA Fitness
 10:30a Longevity Music
 11a Bingo (MPR)
 1:30p Rapid Fire: Throwback Edition
 2p Learn to Pint with Nicole: Japanese Cherry Blossoms (MPR)
 3:15p Thank a Nurse Ice Cream Social (MPR)
 3:30p Polished and Pampered
 6p Game Night wit Tova (L)

7 Tourism Day
 10a Coffee and Crosswords (MPR)
 11a Catholic Mass Service (MPR)
 11:30a Spiritual Songs (MPR)
 11:30a RESTORE Competitive Games
 1:30p Around the World Travel Adventure
 2:15p Cup Stack Challenge
 3:30p Women's Club (MPR)
 3:45p Men's Club

8 National Have a Coke Day
 10a Soda Trivia
 10:30a Pepsi or Coke Challenge
 11a Balloon Volleyball
 11:45a Urban Zen (MPR)
 2p Shabbat Service (MPR)
 2:30p Melodies for Mom: A Mother's Day Celebration with Music by Sandra Small (MPR)

9 Miniature Golf Day
 10a Aerobics Class
 11a Bingo (MPR)
 1:30p Balloon Aerobics Class
 2:30p Afternoon Concert with Mike Flynn (MPR)
 3:45p Put, Put Mini Golf (MPR)

10 Mother's Day
 10a Easy Gospel Chair Aerobics Fun
 11a Brunch with Mom (MPR)
 1:30p Virtual Catholic Mass (MPR)
 2p Movie Matinee (MPR)
 2:30p Floral Arrangements
 3:30p Sunday Sundaes (MPR)

11 Nursing Home Week!
 10:30a Longevity Music
 11a Galactic Trivia Showdown
 11:30a What's Baking?
 1:30p Name That Constellation
 2p Space Debate Club
 2:30p Let's Get Crafty: Space Galaxy in a Jar
 3p Interstellar Launch Showcase
 3:45p Jeopardy
 6p Strolling Music with Nathan

12 Nursing Home Week!
 10a Astronaut Aerobics
 11a Galactic Slime Making
 1:30p Full Circle Spirituality (MPR)
 3p Rocket Runway Parade

13 Nursing Home Week!
 10a Space Launch & News
 10:30a Longevity Music
 11a Space Bingo (MPR)
 1:30p Celestial Coloring Corner
 2:30p Galaxy Gala with Music by Rhonda Denet (MPR)
 3:45p Pampered and Polished
 6p Dinner Under the Cosmos (MPR)

14 Nursing Home Week!
 10a Songs of the Stars Music Hour
 11a Catholic Mass Service (MPR)
 11:30a Spiritual Songs (MPR)
 1:30p Mission to Mars: Moon Rocks Bean Bag Toss & Rocketship Ring Toss
 2p Mission to Mars: Build a Cup Rocketship
 3p Art Therapy Class with Debbie (MPR)
 5p Pizza and Movie Night (MPR)

15 Nursing Home Week!
 10:30a Sparkling Star Jewelry Making Hour
 11:45a Urban Zen
 2p Shabbat Service (MPR)
 2:30p Walk the Moon Photobooth (MPR)
 3p Eat Like an Astronaut (MPR)
 3:30p Interstellar Launch Showcase (MPR)

16 National Mimosa Day
 10a Aerobics Class
 11a Bingo (MPR)
 11:30a Mimosa Morning Social
 1:30p UNO Card Game
 2:30p Westchester Baptist Church Service (MPR)
 3:10p Axe Throwing (MPR)
 4p Ladder Ball (MPR)

17 World Baking Day
 10a Rocking Oldies Seated Workout
 10:30a Reminiscing and Sharing Recipes Discussion Group
 11a The Morning Brew (MPR)
 11:30a Virtual Catholic Mass (MPR)
 2p Movie Matinee (MPR)
 2:30p Blackjack Card Game
 3:30p Sunday Sundaes (RV)

18 International Museum Day
 10a Origami Crafting
 10:30a Longevity Music
 11a Around the World Museum Tour
 11:30a What's Baking?
 1:30p Masterpieces Through Time
 2p Museum Trivia
 2:30p Statue Freeze Dance
 3p Living Statue Contest
 3:30p Good News Club
 4p Singalong Songs

19 Marilyn Monroe Sang "Happy Birthday Mr. President"
 10a Island Rhythms & Gentle Moves
 10:30a RESTORE Trivia
 11a Beach Ball Toss
 11:30a Name That Tune
 1:30p Jeopardy
 2p May Birthday Bash
 3:30p Full Circle Spirituality (MPR)
 4p Family Feud (MPR)

20 Amelia Earhart Day
 10a Trailblazers of the Sky
 10:30a Longevity Music
 11a Bingo (MPR)
 1:30p Up, Up and Away Trivia
 2p RESTORE Games
 3p Pampered and Polished Hour
 4p Cognitive Games
 6p Game Night with Tova (MPR)

21 FIFA is Founded in 1904
 10a Coffee and Crosswords (MPR)
 11a Catholic Mass Service (MPR)
 11:30a Spiritual Songs (MPR)
 12p Northside Barbecue (NC)
 2p Blackjack
 3p Art Therapy Class with Debbie (MPR)

22 International Tiara Day
 10a Royal Trivia
 10:45a Sparkle and Shine Jewelry Making Class
 11:45a Urban Zen
 2p Shabbat Service (MPR)
 2:30p The Royal Music Hour with Music by Sam Tesch (MPR)

23 Lucky Penny Day
 10a Aerobics Class
 11a Bingo (MPR)
 1:30p Balloon Volleyball
 2:30p Afternoon Concert with Joe Pace (MPR)
 3:40p Axe Throwing (MPR)

24 Brooklyn Bridge Opens in 1883
 10a Wheelchair Cardio Box
 11a The Morning Brew (MPR)
 11:30a Virtual Catholic Mass (MPR)
 1:30p Brooklyn Bridge Stories and Strolls Discussion Group
 2p Movie Matinee (MPR)
 3:30p Sunday Sundaes (MPR)

25 Memorial Day
 10a Jewelry Making
 10:30a Longevity Music
 10:30a Strolling Music with Joseph Blanco (RV)
 11a Letters of Gratitude
 11:30a What's Baking?
 2:30p Honoring Our Heroes: Memorial Day Tribute (MPR)
 3:30p Military Trivia (MPR)
 6p Strolling Music with Nathan

26 Paper Airplane Day
 10a Chair Yoga
 10:30a Aviation Trivia
 11a Design Your Own Paper Airplane
 11a Veteran's Club
 11:30a Flight School
 1:30p Yhatzee
 2p Food Committee (MPR)
 2:15p Blackjack
 2:45p Activity Planning (MPR)
 3:15p Resident Council (MPR)
 3:45p Full Circle Spirituality (MPR)

27 World Sunscreen Day
 10a SAMBA Fitness
 10:30a Longevity Music
 11a Bingo (MPR)
 1:30p Trivia
 2:30p Afternoon Concert with Music by Gerard Corbin (MPR)
 3:45p Pampered and Polished (MPR)

28 Akira's Birthday
 10a Coffee and Crosswords (MPR)
 11a Creative Cooking: Homemade Dog Biscuits
 11a Catholic Mass Service (MPR)
 11:30a Spiritual Songs (MPR)
 1:30p How Well Do You Know Akira?
 2p Full Body Workout
 3:30p Karaoke Pawty with Clifton (MPR)
 4p Akira's Birthday Wishes (MPR)
 5p Pizza and Movie Night (MPR)

29 World No Tobacco Day
 10a Family Feud
 10:30a Word Games
 11a Jewelry Making Class
 11:45a Urban Zen
 2p Shabbat Service (MPR)
 3p Board Games
 3:45p Charades

30 International Jazz Day
 10a Aerobics Class
 11a Bingo (MPR)
 1:30p Stretch and Reach
 2p Musical Instruments Trivia
 2:30p UNO Card Game
 3p Ladder Ball
 3:30p Balloon Volleyball
 4p Name That Tune

31 National Macaroon Day
 10a Blackjack Card Game
 10:30a Wheelchair Dance Party
 11a The Morning Brew (MPR)
 11:30a Virtual Catholic Mass (MPR)
 2p Movie Matinee (MPR)
 2:30p Movement to Music with Nathan
 3p UNO Card Game
 3:30p Sunday Sundaes (RV)

Happy Birthday
 Mitchell L - May 2nd
 Rosalind R - May 5th
 Michael D - May 8th
 Salvatore L - May 10th
 Mary W - May 12th
 Steven G - May 18th
 Fannie E - May 20th
 Gladys W - May 22nd
 Carlos N - May 24th
 Bernard G - May 25th
 Joseph B - May 28th
 George C - May 29th
 Rocco B - May 30th



All activities are held in 2N, unless otherwise specified. Please note all activities and locations are subject to change.

Legend
 MPR Multipurpose Room
 2N 2 North Dining Area
 2S 2 South Dining Area
 RV Room Visits/ Strolling
 L Main Lobby
 NC North Courtyard
 SC South Courtyard

Please note starting May 21st barbecues will be held the 1st and 3rd Thursdays of the month. The first Thursday is reserved for all Southside residing residents (1S and 2S). The third Thursday reserved for all Northside residing residents (1N and 2N). To reserve your spot, speak with recreation!