

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 WORLD COMPLIMENT DAY

10a Cognitive Games (2N)
10a Upper Body Workout (2S)
10:30a Name That Tune (2N)
10:30a Finish the Phrase (2S)
11a The Morning Brew (2S)
11:30a Virtual Catholic Mass (MPR)
11:30a Morning Discussions (2N)
1:15p Chair Yoga (2N)
2p Movie Matinee (MPR)
2:30p Painting to Music (2S)
3p Montessori Games (2S)

2 PURIM BEGINS SUNDOWN

10a Crown and Mask Decorating (2N/2S)
10a Music and Motion (2S)
10:30a The Story of Esther (2N)
10:30a Pet Therapy (G)
10:30a Longevity Music (2N)
1:15p Ladder Ball (2S)
2p Creative Cookology: Hamantaschen Cookies (2N)
2p Aerobics Class (2S)
3p Purim Trivia (2N)
3:30p Birthday Bash (2N)
3:30p Color Your World (2S)
6p Strolling Music with Nathan

3 CAREGIVER APPRECIATION DAY

10a General March Trivia (2N)
10a Gratitude Card Making (2S)
10:30a Sensational Senses (2S)
10:30a Pet Therapy (1N)
10:45a Purim Songs with Leffell School Students (2N)
11a Jigsaw Puzzles (2S)
1:15p Aerobics Class (2S)
2p Full Circle Spirituality (2N)
2p Jewelry Making (2S)
3p Veteran's Club (MPR)
3:30p Sensational Senses (2S)

4 MARCHING BAND DAY

10a Book Club (2N)
10a Chair Tai Chi (2S)
10:30a Pet Therapy (1S)
10:30a Longevity Music (2N)
10:45a Blackjack (1N)
11a Music Bingo (MPR)
11a Blackjack (2N)
1:15p Sing Along (2S)
2p Word Games (2N)
2:30p Band Practice (2S)
3p Axe Throwing (2N)
3:30p Cheese and Cracker Traveling Cart (RV)

5 NATIONAL CHEESE DOODLE DAY

10a Women's Empowerment (2S)
10a Guess That Crunch (2N)
10:30a Pet Therapy (2N)
10:30a Manicures & Massages (MPR)
11a Catholic Mass Service (MPR)
11a Strolling Music (1N/1S)
11:30a Cheese Doodle Tower Contest (2N)
1:15p Kiana's Karaoke Party (RV)
2p Green Thumb Society (2N)
2p Card Games (2S)
3p Art Therapy with Debbie (2N)
5p Pizza and Movie Night (MPR)

6 NATIONAL OREO DAY

10a Brain Games (2N)
10a Balloon Volleyball (2S)
10:30a Virtual Reality (2N/2S)
10:30a Pet Therapy (2S)
10:40a Jeopardy (2N)
10:40a Chair Tai Chi (2S)
11:30a What's Baking (2S)
11:45a Urban Zen (2N)
2p Shabbat Service (MPR)
2p Murdle (2N)
2:45p Color Your World (2S)
3p DIY Oreo Cookie Parfait (2N)



7 NATIONAL CEREAL DAY

10a Finish the Phrase (2S)
10a Card Games (2N)
11a Bingo (MPR)
11:15a Cornhole (2S)
1:15p Card Games (2S)
2:30p Afternoon Concert with Lou Patrick (MPR)
3:30p Blind Cereal Taste Test (MPR)

8 DAYLIGHT SAVINGS BEGINS

10a Cognitive Games (2S)
10a Upper Body Workout (2N)
10:30a Name That Tune (2S)
10:30a Name That Jingle (2N)
10:30a UNO Card Game (1S)
11a The Morning Brew (2N)
11:30a Virtual Catholic Mass (MPR)
11:30a Morning Discussions (2S)
1:15p Chair Yoga (2N)
2p Movie Matinee (MPR)
2p Board Games (1N)
2:30p Painting to Music (2S)
3:30p Sensory Stimulation (2S)

9 NATIONAL BARBIE DAY

10a Card Games (2N)
10a Pink Power Stretching (2S)
10:30a Longevity Music (2N)
10:30a Pet Therapy (G)
11a Portraits of Powerful Women (2S)
11:30a Reminiscing Through Time (2N)
1:15p Scarves in Motion (2S)
2p Movie Matinee: Barbie (2023) (MPR)
2:30p Manicures & Massages (2S)
3:30p Pink Mocktail Social (MPR)

10 DAY OF AWESOMENESS

10a Board Games (2S)
10a Chair Aerobics (2N)
10:30a Pet Therapy (1N)
11a Rummy Card Tournament (2N)
11a Card Games (2S)
11:30a Ball Toss (2N)
1:15p Lower Body Workout (2S)
2p Birthday Bash (2S)
2p Full Circle Spirituality (2N)
3:30p Decades of Divas: Music and Memories (2S)

11 NATIONAL DREAM DAY

10a Book Club (2N)
10a Chair Yoga (2S)
10:30a Pet Therapy (1S)
10:30a Longevity Music (2N)
10:45a Blackjack (1N)
11a Bingo (MPR)
11a Creative Cookology: Irish Soda Bread Making (2S)
1:15p Ladder Ball (2N)
2p Axe Throwing (2S)
2p Birthday Bash (2N)
2:30p Let's Get Crafty (2S)
6p Game Night with Tova (L)

12 GIRL SCOUTS DAY

10a Women's Empowerment (2N)
10a Sensational Senses (2S)
10:30a Pet Therapy (2N)
10:30a Manicures & Massages (MPR)
11a Catholic Mass Service (MPR)
11a Strolling Music (1N/1S)
11:15a Table Games (2S)
1:15p Kiana's Karaoke Party (RV)
2p History of the Girl Scouts (2N)
2p Green Thumb Society (2S)
3p Learn to Paint with Nicole (2N)
3:30p "Wine" and Cheese Social (2N)

13 FRIDAY THE 13TH

10a UNO Card Games (2N)
10a Nail Spa (2S)
10:30a Pet Therapy (2S)
11a Talk n' Toss (2N)
11a Morning Discussions (2S)
11:30a What's Baking (2S)
11:45a Urban Zen (2N)
1:15p Cornhole (2S)
2p Shabbat Service (MPR)
2p Ceramics Class (2N)
3p Hand Massages (2S)

14 NATIONAL POTATO CHIP DAY

10a Brain Games (2N)
10a Morning Exercise (2S)
10:30a Ladder Ball (2S)
11a Bingo (MPR)
11:30a Remember When... (2S)
1:15p Jeopardy (2N)
2:30p Afternoon Concert with Mike Flynn (MPR)
3:30p Potato Chip Jeopardy (MPR)

15 IDES OF MARCH

10a Cognitive Games (2N)
10a Upper Body Workout (2S)
10:30a Name That Tune (2N)
10:30a Finish the Phrase (2S)
11a The Morning Brew (2S)
11:30a Virtual Catholic Mass (MPR)
11:30a Morning Discussions (2N)
1:15p Chair Tai Chi (2S)
2p Movie Matinee (MPR)
2:30p Painting to Music (2S)
3:30p Montessori Games (2S)

16 GIANT PANDA BEAR DAY

10a Morning Stretching (2N)
10a Ladder Ball (2S)
10:30a Pet Therapy (G)
10:30a Longevity Music (2N)
11a Women's Club (2S)
11:30a Jeopardy (MPR)
2p Sweet Like a Queen: Cupcake Decorating Class (MPR)
2:30p Men's Club (2N)
3:30p Balloon Volleyball (2S)
6p Strolling Music with Nathan

17 ST. PATRICK'S DAY

10a Card Games (2N)
10a Poetry Writing (2S)
10:30a Pet Therapy (1N)
11a Lucky Leprechaun Crafts (2S)
11a Bananagrams (2N)
1:15p Name That Tune (2S)
2:30p Luck O' the Irish Party and Live Music Performance by Bobby (MPR)
3:30p St. Patrick's Day Trivia (MPR)



18 AWKWARD MOMENTS DAY

10a Book Club (2N)
10a Chair Yoga (2S)
10:30a Talk n' Toss (2S)
10:30a Pet Therapy (1S)
10:30a Longevity Music (2N)
11a Bingo (MPR)
11:15a Sing Along (2S)
11:30a Blackjack (1S)
1:15p Trivia (MPR)
2p Thank a Social Worker Ice Cream Social (MPR)
2p Axe Throwing (2N)
3p Cookie Traveling Snack Cart (RV)
3:30p Table Games (2S)

19 WORLD LET'S LAUGH DAY

10a Women's Empowerment (2S)
10a Full Circle Spirituality (2N)
10:30a Pet Therapy (2N)
10:30a Manicures & Massages (MPR)
11a Catholic Mass Service (MPR)
11a Strolling Music (1N/1S)
11:30a Standup Comedy (MPR)
1:15p Kiana's Karaoke Party (RV)
2p Armchair Travel (2S)
2p Green Thumb Society (2N)
2:30p Card Games (2S)
3p Art Therapy with Debbie (2N)
5p Pizza and Movie Night (MPR)

20 FIRST DAY OF SPRING

10a Balloon Volleyball (2N)
10a Brain Games (2S)
10:30a Pet Therapy (2S)
10:40a Jeopardy (2N)
11a Board Games (2S)
11:30a What's Baking (2S)
11:45a Urban Zen (2N)
1:15p Name That Tune (2S)
2p Shabbat Service (MPR)
2:30p Caterpillar Habitat Watch Party (MPR)
3:30p Spring Fling Social (MPR)
3:30p Chair Tai Chi (2S)



21 SPORT CAR RACING DAY

10a Finish the Phrase (2S)
10a Card Games (2N)
10:30a Ladder Ball (2S)
11a Bingo (MPR)
11:15a Cornhole (2S)
1:15p Jeopardy (2N)
2p Aerobics with Corretta (2S)
2:30p Westchester Baptist Church Service
3p Color Your World (2S)
3:15p Boogie Car Racing (MPR)

22 NATIONAL GOOF OFF DAY

10a Upper Body Workout (2N)
10a Cognitive Games (2S)
10:30a UNO Card Game (1N)
10:30a Name That Tune (2S)
11a The Morning Brew (2N)
11:30a Virtual Catholic Mass (MPR)
11:30a Morning Discussions (2S)
1:15p Chair Yoga (2S)
2p Movie Matinee (MPR)
2p Board Games (1S)
2:30p Painting to Music (2S)
3:30p Traveling Sunday Sundaes Snack Cart (RV)

23 NATIONAL CHIP & DIP DAY

10a Ceramics Class (2N)
10a Dip and Stretch (2S)
10:30a Longevity Music (2N)
10:30a Pet Therapy (G)
11a Balloon Volleyball (2S)
1:15p Sorting and Matching (2S)
2:30p Dips Around the World (MPR)
3p Dippy Trivia (MPR)
3:30p Jewelry Making (2S)

24 NATIONAL COCKTAIL DAY

10a Stretch and Sip (2S)
10a UNO Card Game (2N)
10:30a Cocktail Culture Chat (2S)
11:15a Mocktail Trivia Hour (2N)
11:15a Aerobics Class (2S)
1:15p Ball Toss (2S)
2p Design Your Own Cocktail (2S)
2p Full Circle Spirituality (2N)
2p Blackjack (1N)
2:30p Mocktail Mixer Social (2N)
3:30p Talk n' Toss (2S)

25 MARCH MADNESS DAY

10a Women's Empowerment (2N)
10a Sensational Senses (2S)
10:30a Longevity Music (2N)
10:30a Pet Therapy (1S)
11a Bingo (MPR)
11a Basketball Trivia (2S)
1:15p Sing Along (2S)
2:30p Afternoon Concert with Gerard (2N)
3:30p Hoop Shot Challenge (MPR)
3:30p Traveling Game Day Snack Cart (1N/1S)
6p Game Night with Tova (MPR)



26 METS SEASON OPENER

10a Chair Yoga (2S)
10a Batting Practice Arm Workout (2N)
10:30a Pet Therapy (2N)
10:30a Manicures & Massages (MPR)
11a Catholic Mass Service (MPR)
11a Book Club (2S)
11:15a Baseball Trivia (1N)
1:15p Kiana's Karaoke Party (RV)
2p Color Mr. and Mrs. Met (2S)
2:30p The History of the Mets Dynasty (2N)
3:30p Reminiscing: Baseball (2S)
3:30p Best of the Mets (2N)

27 WORLD THEATRE DAY

10a Balloon Volleyball (2S)
10a Charades (2N)
10:30a Pet Therapy (2S)
11a Law & Order Drama Club with Aytan (2N)
11:30a What's Baking (2S)
11:45a Urban Zen (2N)
1:15p Jewelry Making (2S)
2p Shabbat Service (MPR)
2:30p Reminiscing Through Music (2S)
3p Axe Throwing (2N)



28 BLACK FOREST CAKE DAY

10a Brain Games (2N)
10a Morning Exercise (2S)
10:30a Ladder Ball (2S)
11a Bingo (MPR)
11:30a Remember When... (2S)
1:15p Jeopardy (2N)
2p Table Games (2S)
2:30p UNO Card Game (2N)
3p Manicures (2S)

29 PALM SUNDAY

10a Cognitive Games (2N)
10a Upper Body Workout (2S)
10:30a Name That Tune (2N)
10:30a Finish the Phrase (2S)
11a The Morning Brew (2S)
11:30a Virtual Palm Sunday Mass (MPR)
11:30a Morning Discussions (2N)
1:15p Chair Yoga (2S)
2p Movie Matinee (MPR)
2:30p Painting to Music (2S)
3:30p Traveling Sunday Sundaes Snack Cart (RV)

30 NATIONAL DOCTOR'S DAY

10a Ladder Ball (2S)
10a Pearls and Jigsaw Puzzles (2N)
10:30a Longevity Music (2N)
10:30a Pet Therapy (G)
11a Color Your World (2S)
11:30a Reminiscing Through Time (2N)
11:30a Music Through the Decades (2S)
1:15p Sorting and Matching (2S)
2p Axe Throwing (2N)
2p Jewelry Making (2S)
3:30p Name That Tune (2S)
6p Strolling Music with Nathan

31 NATIONAL APRÈS DAY

10a Stretch and Warm Up (2S)
10a Card Games (2N)
10:30a Cognitive Games (2S)
10:30a Pet Therapy (1N)
11a Alpine Hour (2N)
11:30a Book Club (2S)
1:15p Name That Tune (2S)
2p Food Committee (MPR)
2p Tabletop Bowling (2N)
2:30p Activity Planning Committee (MPR)
2:30p Blackjack (1S)
3p Resident Council (MPR)
3p Après Cocoa Bar (2S)

MARCH 2026 RECREATION CALENDAR OF EVENTS

ALL ACTIVITIES AND LOCATIONS ARE SUBJECT TO CHANGE AT ANY TIME.



LEGEND

MPR Multipurpose Room
1N 1 North Dining Area
1S 1 South Dining Area
2N 2 North Dining Area
2S 2 South Dining Area
RV Room Visits/ Strolling
G Rehabilitation Gym
L Main Lobby
C 1 North Courtyard