

THERAPEUTIC RECREATION AT THE GROVE

JANUARY 2023

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|--|---|--|
| <p style="text-align: center;">1</p> <p>10:45 Strolling Music 1S 11:15 Strolling Music 2N 11:15 Physical Games 2S <u>2:00 Afternoon Social MPR</u></p> | <p style="text-align: center;">2</p> <p><u>11:00 Bingo MPR</u> <u>2:30 New Year Party w/Danny Russo MPR</u> 3:45 Spiritual Group 1S 3:45 Table Bowling 2S</p> | <p style="text-align: center;">3</p> <p><u>11:00 Sewing Club MPR</u> 11:00Morning Stretch 2S 11:00 Crosswords 1N <u>2:30 Chair Fitness MPR</u> 2:30 Wine/Cheese 1N/1S 4:00 Story Time 2S</p> | <p style="text-align: center;">4</p> <p><u>11:00 Bingo MPR</u> 11:00 Beading 1N 11:00 The Good Old Days 2S <u>2:30 Literature Hour MPR</u> 4:00 Literature Hour 2S <u>6:00 Painting Club MPR</u></p> | <p style="text-align: center;">5</p> <p><u>11:00 Catholic Mass MPR</u> 11:00 Athletics/Sports 2S 11:00 Holiday Trivia 1N <u>2:30 New Year Resolutions MPR</u> 4:00 Sing a Long 2S 4:00 Word Games 1S</p> | <p style="text-align: center;">6</p> <p><u>11:00 Jeopardy MPR</u> 11:00 let's Get Physical 2S <u>2:30 Current Events MPR</u> 3:30 Word Games 2S <u>4:00 Shabbat Service MPR</u> <u>5:00 Pizza & Movie MPR</u></p> | <p style="text-align: center;">7</p> <p><u>11:00 Bingo MPR</u> 11:00 Morning Stretch 2S 1:15 Trivia 2S <u>2:30 Afternoon Concert w/Richard Eisenberg</u></p> |
| <p style="text-align: center;">8</p> <p>10:45 Strolling Music 1S 11:15 Strolling Music 2N 11:15 Physical Games 2S <u>2:00 Afternoon Social MPR</u></p> | <p style="text-align: center;">9</p> <p><u>11:00 Bingo MPR</u> <u>2:30 It Happen in January</u> 3:45 Spiritual Group 1S 3:45 Table Bowling 2S <u>6:00 Name That Tune MPR</u></p> | <p style="text-align: center;">10</p> <p><u>11:00 Sewing Club MPR</u> 11:00Morning Stretch 2S 11:00 Crosswords 1N <u>2:30 Chair Fitness MPR</u> 2:30 Wine/Cheese 2N/2S 4:00 Story Time 2S</p> | <p style="text-align: center;">11</p> <p><u>11:00 Bingo MPR</u> 11:00 Beading 1N 11:00 The Good Old Days 2S <u>2:30 Birthday Party MPR</u> 4:00 Literature Hour 2S</p> | <p style="text-align: center;">12</p> <p><u>11:00 Catholic Mass MPR</u> 11:00 Athletics/Sports 2S 11:00 Trivia 1N <u>2:30 Comedy Hour MPR</u> 4:00 Sing a Long 2S 4:00 Word Games 1S</p> | <p style="text-align: center;">13</p> <p>10:45 Meet and Greet <u>11:00 Jeopardy MPR</u> 11:00 let's Get Physical 2S <u>2:30 Great Memories of 2022! MPR</u> 3:30 Word Games 2S <u>4:00 Shabbat Service MPR</u></p> | <p style="text-align: center;">14</p> <p><u>11:00 Bingo MPR</u> 11:00 Morning Stretch 2S 1:15 Trivia 2S <u>2:30 Afternoon Concert</u></p> |
| <p style="text-align: center;">15</p> <p>10:45 Strolling Music 1S 11:15 Strolling Music 2N 11:15 Physical Games 2S <u>2:00 Afternoon Social MPR</u></p> | <p style="text-align: center;">16</p> <p><u>11:00 Bingo MPR</u> <u>2:30 MLK Word Games and Trivia MPR</u> 3:45 Spiritual Group 1S 3:45 Table Bowling 2S</p> | <p style="text-align: center;">17</p> <p><u>11:00 Sewing Club MPR</u> 11:00Morning Stretch 2S 11:00 Crosswords 1N <u>2:30 Pamper Me Spa Day MPR</u> 2:30 Wine/Cheese 1N/1S 4:00 Story Time 2S</p> | <p style="text-align: center;">18</p> <p>11:00 Bingo MPR 11:00 Beading 1N 11:00 The Good Old Days <u>2:30 Literature Hour MPR</u> 4:00 Literature Hour 2S <u>6:00 Painting Club MPR</u></p> | <p style="text-align: center;">19</p> <p><u>11:00 Catholic Mass MPR</u> 11:00 Athletics/Sports 2S 11:00 Literature Hour 1N <u>2:30 Men's Club MPR</u> 4:00 Sing a Long 2S 4:00 Word Games 1S</p> | <p style="text-align: center;">20</p> <p><u>11:00 Jeopardy MPR</u> 11:00 let's Get Physical 2S <u>2:30 Current Events MPR</u> 3:30 Word Games 2S <u>4:00 Shabbat Service MPR</u> <u>6:00 Movie Matinee MPR</u></p> | <p style="text-align: center;">21</p> <p><u>11:00 Bingo MPR</u> 11:00 Morning Stretch 2S 1:15 Trivia 2S <u>2:30 Evangelical service w/Westchester Community Baptist Church MPR</u></p> |
| <p style="text-align: center;">22</p> <p>10:45 Strolling Music 1S 11:15 Strolling Music 2N 11:15 Physical Games 2S <u>2:00 Afternoon Social MPR</u></p> | <p style="text-align: center;">23</p> <p><u>11:00 Bingo MPR</u> <u>2:30 National Pie Day Social MPR</u> 3:45 Spiritual Group 1S 3:45 Table Bowling 2S <u>6:00 Name That Tune MPR</u></p> | <p style="text-align: center;">24</p> <p><u>11:00 Sewing Club MPR</u> 11:00Morning Stretch 2S 11:00 Crosswords 1N <u>2:30 Chair Fitness MPR</u> 2:30 Wine/Cheese 2N/2S 4:00 Story Time 2S <u>National Compliment Day</u></p> | <p style="text-align: center;">25</p> <p><u>11:00 Bingo MPR</u> 11:00 Beading 1N 11:00Reminiscing Group2S <u>2:30 Destination Vacation MPR</u> 4:00 Literature Hour 2S</p> | <p style="text-align: center;">26</p> <p><u>11:00 Catholic Mass MPR</u> 11:00 Athletics/Sports 2S 11:00 Literature Hour 1N <u>2-4pm Cooking Club MPR</u> 4:00 Sing a Long 2S</p> | <p style="text-align: center;">27</p> <p><u>11:00 Jeopardy MPR</u> 11:00 let's Get Physical 2S <u>2:30 Current Events MPR</u> 3:30 Word Games 2S <u>4:00 Shabbat Service MPR</u></p> | <p style="text-align: center;">28</p> <p><u>11:00 Bingo MPR</u> 11:00 Morning Stretch 2S 1:15 Trivia 2S <u>2:30 Afternoon Concert MPR w/Sue</u></p> |
| <p style="text-align: center;">29</p> <p>10:45 Strolling Music 1S 11:15 Strolling Music 2N 11:15 Physical Games 2S <u>2:00 Afternoon Social MPR</u></p> | <p style="text-align: center;">30</p> <p><u>11:00 Bingo MPR</u> <u>2:30 Word Games MPR</u> 3:45 Spiritual Group 1S 3:45 Table Bowling 2S <u>National Croissant Day!</u></p> | <p style="text-align: center;">31</p> <p><u>11:00 Sewing Club MPR</u> 11:00Morning Stretch 2S 11:00 Crosswords 1N <u>2:30 Resident Council MPR</u> 2:30 Wine/Cheese 1N/1S 4:00 Story Time 2S</p> | <p style="text-align: center;"><i>*All Programs are Subject to Change *</i></p> | <p style="text-align: center;"><i>*Beauty Parlor open 10th and 24th*</i></p> | <p style="text-align: center;">Happy Activity Professionals week January 23rd -27th</p>  | |

